

Nurture and Connection

Amniotic Fluid and Lac humanum

Alize Timmerman

Amniotic Fluids engulfs the fetus before birth, protecting and in a way enabling the feeding the unborn child. After birth, in normal situations, the mother feeds the child with her own milk. Milk, not only containing nutrients, but also a wide variety of protecting substances, hormones etc. As remedies, the two have on the one hand successive fields of action, but on the other hand each can be used in all stages of the human development. Both remedies can enable us to restore our connection with our source, our inner self. Lac humanum and Amniotic Fluid are remedies strongly connected to the female aspect of society. To understand their nature, we must go back to ancient times, when the female aspect in society was much stronger. In the stone age, the mother symbolized the goddess, giving, nurturing, in fact, life itself. In matriarchal societies as were found tens of thousands years ago, the mother was the central figure in the society. In the extended family, then being the core unit of human organization, the women (grandmother, mother, and daughter) were the caretakers and the preservers of the lifecycle in the clan. The archetypical mother as a goddess was the symbol of the ancestral soul, but also was the symbol for the then perceived abundance. An abundance big enough to build future generations on. In the motherland life was all about sharing of resources in order to sustain our lifecycle, from birth to death (1).

Insert fig 1

Lac humanum works when feelings of loss are dominant. Loss of the connection with your own mother, with your karma, with the values of the symbolic mother. One feels alone, not related or connected. These are typical situations where Lac humanum works. These feelings can originate from psychological traumas, broken relationships, but also can derive from forms of insensibility. Lac humanum helps to restore your individuality, to become independent, to breach unwanted connections or get out of a symbiosis. Having a free choice between being with somebody or being alone.

It helps to cross the bridge from childhood (and total security) toward independency. To grow from girl into motherhood. Lac humanum will help undernourished children, due to eating disorders and assimilation disorders, to regain a normal processing of food in the intestines. Desire for milk and chocolate indicates the wish for a caring environment, warmth and mothering.

In general Lac humanum also is a remedy for disorders in the assimilation of food, and for abdominal pains. It will help to restore the natural balance in the intestines, and in the intestinal flora. Hence it also works for some allergies, because it enables the body to process adequately and in a healthy way substances entering the intestinal tract.

Lac humanum often is the conclusive remedy when a patient is treated with one of the other lacs. In these situations, when the other lac has done its work, Lac humanum will bring the patient to the “steady state”, the balanced situation belonging to this specific patient.

Amniotic Fluid represents nurture before birth. In the uterus, the fetus lives in total abundance. It has to ask nothing, everything is provided for. Amniotic Fluid feels protected, there is no acute need for a change. Other than *Lac humanum*, Amniotic Fluid is not directly related to the assimilation of food. Amniotic Fluid is a remedy in cases where the patient cannot or will not disconnect from another person. He or she wants to maintain the symbiosis with the other, but also realizes that this cannot last. Amniotic Fluid will help to face the confrontation with life, with the necessity to change. Such a situation can occur, when after a close connection, one of the two persons involved dies or leaves the relationship. This can cause enormous anxieties, resulting in a feeling as if becoming mad. Amniotic Fluid will help a person to discover the roots of his/her existence, and while doing so, develop love and a reconnection to the primal source of one's life.

An example of the way Amniotic Fluid works is a lady with vague physical complaints, a lonesome feeling, and fear of death. After taken Amniotic Fluid she completely turned around her life, bought a huge piece of land and started an animal shelter and kennels. Now she felt connected with life, nature and earth. Her anxieties are gone completely, she feels she now know her roots. All vague physical complaints have disappeared.

To compare the two remedies, I have made a table in which their main expressions and symptoms are put together, following the trituration levels 1C → 4C (2)

Insert table 1

References

1. MEER, A. v.d., 2006. *Van Venus tot Madonna*. Synthese, The Hague (NL)
2. HOGELAND, A. & J. Schriebmann, 2009: *The Trituration Handbook*. Bay Area Homeopathic Association (USA)

Vita (Alize Timmerman)

Alize Timmerman started her career in biochemical research working in hospitals in The Netherlands and Norway and at the University of Amsterdam. In the 70ties she studied Naturopathic Medicine and Homoeopathy and started practicing in 1982 and lecturing in 1986. She is the founder (1988) and director of The Hahnemann Institute of The Netherlands. The Institute organizes practical training for students at the end of their study and in-service training for practising homoeopaths. Alize lectures now all over the world, combining her unique insights in Homoeopathy and Psychology with a very special talent in didactics and presentation.

Table 1.

Differentiation between Amniotic Fluid and Lac humanum on the C1 → 4 level			
The most important symptoms for the differentiation are listed.			
	Amniotic Fluid		Lac humanum
C1			
Physical	L-sided symptoms		increased energy, straightens the spine
	Sleepy, exhaustion		nose, catarrh and coryzas
	Suffocation, feeling of		dry skin
	Flushes of heat, intermittent coldness		rheumy, joints of hands
	Weak, floppy neck, lack of support		feet spongy, soft
	Heart pain, palpitations, grief		numbness of extremities
	Pressing pains (whole body)		pms
	Pregnant feeling; Feeling full, healthy, big		abdomen: bearing down pains
	Feeling pleasant, floating body sensation (as if in water)		alternating constipation and diarrhea
	Ovary cancer L, endometriosis		defective nutrition
	Crave: comfort food		eructation, heartburn
	Sensitivity for smells, sounds, impressions		nausea, > eating
	Strong sexual desire, ↑ libido		anorexia ↔ bulimia
			milk (av / des), allergy to milk
			> addiction alcohol, drugs, snacks
			avers. sour
			des. ginger
C2			
Emotional	Primeval emotions, protective (young)		fear of dark, night
	Quick mood changes:		detached, numb
	Crying ↔ laughing		feeling unloved
	Love ↔ fear		grief about death, lost children
	Feeling ↔ unfeeling		wants to be touched, to be carried
	Grief ↔ happiness		isolation
	Protection ↔ abandonment		sex: desire increased
	Separate ↔ together; oneness ↔ togetherness (twins!)		symbiosis
	Future ↔ past		floating
	Slow ↔ fast		childish
	Difficulty to connect ↔ total connection		
	Participating ↔ feeling lost, alone		
	Fear of death, losing loved ones; ambivalence about death		
C3			
Mental	Loss of time sense, time goes slowly		strong intuition
	Unstructured understanding of emotions		loss of memory, since birth
	Going from chaos into patterns and visa versa		feeling guilty not being a good mother
	Mind scatters, drifts		over responsible, dutiful
	Del. Being criticized and judged		del. wasted life, leaving things unfinished
	Love; feeling guilty about the quality of love given		del. not being desired person, doomed
	High expectations: blocking the flow of love		del. being in wrong body
	"Madness" from broken love		antagonism: ↓
	Needs protection; wants to go back to mother		group ↔ outsider
	Thoughts about stolen children		duty ↔ control
	Sees colors, dark green, yellow, pink		child ↔ mother
	Vivid sexual thoughts		belonging ↔ not belonging
			dreams: loss of animals, babies
C4			
Spiritual	Connection with Creation, Creator, virgin Mary, Love		connects with mother earth, previous generations
	From formlessness to form; rebirth after spiritual crises		discovering the self ↔ others
	Insight in our history of life, and in previous incarnations		brings caring, warmth, mothering
	Death as part of the flow of life, death as a sacrifice		overview of life: heals the person, his environment
	Clarifies our goal in life, our raison d'être		establishing the path of life
	Clarifies true love, our relationships, a broken heart		reliving life, joy in life, sharing, creativity
	Understanding of signs and symbols, a primeval insight		feeling good in body
	Respecting the great mother		variety in unity
	Amniotic fluid (water) heals and protects		responsibility for the self

Fig. 1. Goddess (stoneage)

